

# Curriculum Vitae

## Saeideh Mohseni-Nezhad

Founder and Research Data Analyst at NEW BRAINWARE Institute

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### Personal Data:

Name Saeideh Mohseni-Nezhad  
Date of Birth July 12, 1979  
Birthplace Tehran  
Citizenship Iran

### Highlights

- multidisciplinary academic studying (physics, psychology)
- well-experienced in programming (MATLAB, Python, C#)
- being mostly top student at school and the university
- developing a theory (named H-theory), based on Quantum Information Theory
- the author of the book ‘Systemic Balancing and Anxiety Reduction’  
I have used information theory and quantum field aspects to develop a novel approach of tension and anxiety reduction (2<sup>nd</sup> edition is translated to English. Read in [here](#)).
- interested in memory, information networks, nervous system diseases and consciousness researches

### Education

M.Sc. in Psychology 2013 – 2015, Tehran

#### **The University of Tehran, Faculty of Psychology and Education**

thesis: *the Study of Self-Image and Affect in Adolescents with Physical Motor Impairment in Projective and Objective Tests*

thesis score: 20 out of 20 (top score)

GPA: 19.05 out of 20 (Top Student)

M.Sc. in Physics 2007 – 2010, Tabriz

#### **Azarbayjan Shahid Madani University, Faculty of Science**

thesis: *Unified Theories in Gravity and Higher Dimensions*

thesis score: 20 out of 20 (top score)

GPA: 16.69 out of 20 (3.4 out of 4)

B.Sc. in Physics 1997 – 2001, Tehran

#### **Kharazmi University, Faculty of Science**

GPA: 14.44 out of 20 (3 out of 4)

**Selected Awards and Honors**

2016: best researcher in Iran Ministry of Education

2015: ranked 2<sup>nd</sup> in class among all master students of psychology, the University of Tehran, Iran

1997-2001: Iran Ministry of Education scholarship

**Workshops**

QEEG Analysis	Mar. 2017
<i>Introduction to Quantitative ElectroEncephaloGraphy</i> (16 hours) In National Brain Mapping Lab	
M. A. Nazari, PhD., Associate Professor, the University of Tabriz	
EEG Signal Processing	Jan. 2017
<i>EEG Signal Processing and its Application to Computational Neuroscience</i> (30 hours) In National Brain Mapping Lab	
Iman Mohammad Rezazadeh, UCLA School of Medicine	
Mohammad Mikaeili, Associate Professor, Shahed University	
Ali Motie-Nasrabadi, Associate Professor, Shahed University	
Project Management	Oct. 2016 – Feb. 2017
<i>Project Management</i> (220 hours) at the University of Tehran	
Cognitive Functions	Aug. 2015
<i>Assessment of Cognitive Functions</i> at the Eksir Institute	
<u>Vahid Nejati</u> , Associate Professor, Shahid Beheshti University	
LISREL	2014
<i>Structural Equation Modeling in LISREL</i> (8 hours)	
Esmaeili, PhD., Shahed University	
SPSS	2014
<i>SPSS Workshop</i> (16 hours)	
Esmaeili, PhD., Shahed University	
Rorschach	2014
<i>Implementation and Interpretation of Rorschach</i>	
A. Hoseini Nasab, PhD., Department of Psychiatry, Roozbeh Hospital	
CBP Counselling	2013
<i>Cognitive-Behavioral Premarital Counseling</i>	
Y. Shafiei Fard, PhD., Counseling Center of the University of Tehran	
Schema Therapy	2013
<i>Clinical Application of Schema Therapy</i>	
Y. Shafiei Fard, PhD., Counseling Center of the University of Tehran	

**Workshops**

CBT 2013

*Cognitive-Behavioral Therapy, Treatment Plans*

Y. Shafiei Fard, PhD., Counseling Center of the University of Tehran

Meditation 2001-2004

A Long Term Informal Course, Jamaledin Khour-Kiaei, Hypnotist

**Publications**

Book Publication preparing

Life Skills for Children at Elementary Schools. [In Persian].

Book Publication preparing

The Answers to Teenagers' Most Important Questions

Book Translation 2020

Self-Care for teenagers

Ten-volume book series on psychological issues, Tehran: Golden Point Publisher. [in Persian]

Article Publication submitted

Performance Assessment System: a new view of Self-care and Self-destructiveness

Book Publication 2017

Mohseninezhad, S. *Systemic Balancing and Anxiety Reduction* (2<sup>nd</sup> edition). [In English] [pdf format is available [here](#)].

ISBN-13: 978-1975861544. ISBN-10: 197586154X

Book Publication 2016

Mohseninezhad, S. *Systemic Balancing and Anxiety Reduction* (1<sup>st</sup> edition). Tehran: Golden Point Publisher. [In Persian].

ISBN: 978-600-93803-7-4.

Article Publication 2016

*Original Research:*

Mohseninezhad, S., Afrooz, G. Ali, & Ghorbani, N. (2015). Ego Impairment and Thought Disorder of Adolescents with Movement Impairment: an Interpretation of Object Relation Theory. *Journal of Empowering Exceptional Children*, 6(14), 38-49. [In Persian].

Article Publication 2014

*Original Research:*

Manouchehri, M., Mehryar, A. H., Ahadi, H., Rahgozar, M., Jomehri, F., Mohseninezhad, S., & Sadeghi, N. (2014). Effectiveness of Mindfulness-Based Cognitive Therapy to Reduce Anxious Thoughts Elderly People. *National Park-Forschung*, 104(2).

**Congresses**

RSEP	15-17 Nov. 2018
Mohseninezhad, S. (2018). Performance Assessment System (PAS): a Function to Create Self-destruction. <i>9<sup>th</sup> RSEP International Social Sciences Conference</i> . Rome, Italy [oral presentation].	
Bioinformatics	3-5 Jan. 2018
Participated in 7 <sup>th</sup> Iranian Conference on Bioinformatics	
WCP	2016
Mohseninezhad, S. (2016). The Effectiveness of Free Movements and Harmonic Movements Training on symptoms of general Anxiety and Depression in adolescents. <i>9<sup>th</sup> International Congress of Psychotherapy, Asian Chapter of WCP</i> . Tehran, Iran [poster presentation].	
CAP	2015
Mohseninezhad, S. (2015). Cognitive and Motivational Aspects of Self-Image, Adolescent Girls with Physical Motor Impairment. <i>2<sup>nd</sup> Congress on Child and Adolescent Psychology</i> . Tehran, Iran [poster presentation].	

**Work Experience**

	(sorted by end time)
Research Data Analyst	Jan. 2020 onwards
Founder and Research Data Analyst at NEW BRAINWARE Institute	
Data Analyst	2014 onwards
Data Analyst at freelancer	
Researcher	June, 2018 - 2019
Researcher at the Institute for Cognitive and Brain Science, Shahid Beheshti University, Tehran <i>working on memory and emotion</i>	
School Principal	2017 - 2019
Managing and designing psychological programs and Life Skills for children and parents, and teach to teachers.	
Teacher	2001 -2017
Physics and Mathematics Teacher, at some high schools, Tehran	
Psychotherapist	2014 - 2017
Adolescent Psychotherapist Ehya Clinical Psychology Center, Tehran	
Team Worker	October, 2015 – May, 2016
Executive Committee Member 9 <sup>th</sup> International Congress for Psychotherapy/Asian Chapter, Tehran	

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Technical Manager	2015 – 2016
Journal of Slow-Paced Children Iranian journal, editor-in-chief: G. Ali Afrooz, distinguished professor	
Psychotherapist	2014 – 2016
Adolescent and Adult Psychotherapist using mindfulness-based approaches for anxiety reduction and self-observation capacity building Mental Health Clinic of the University of Tehran, and Zi-Ba-Mehr clinic, Tehran supervisor: Farhad Changizi, PhD.	
Lecturer	2014 – 2015
Lecturer for Mental Health Clinic of the University of Tehran Systemic Balancing and Anxiety Reduction workshops	
Group Psychotherapist	2014 – 2015
Group Psychotherapy of Anxiety Disorders, Depression, and Chronic Pain Mental Health Clinic of the University of Tehran, and Ehya Clinical Psychology Center supervisor: Farhad Changizi, PhD.	
Lecturer & Group Leader	2014 – 2015
Mindfulness and Meditation Courses for Stress Management and Anxiety Reduction for adolescents and university students, at high schools and municipal health care system, Tehran	
Project Manager	2014 – 2015
Managing the Project: Psychological Assessment System – Online Service project. <a href="http://www.pas-os.com">www.pas-os.com</a>	
Psychotherapist Assistant	2013 – 2014
psychotherapy for reduce anxiety, chronic pain, intrusive thoughts in OCD, and self-observation and Self-regulatory capacity building in adolescents therapist: Farhad Changizi, PhD.	
Project Manager	2013
Managing the C# Programming 2-Dimensional Simulation Kohs Cubes Project included more than 1200 random patterns, for 3-5 years children, financially supported by <u>G&amp;D Group</u>	
Computer Programmer	2007 – 2013
Web Designing and Web Programming; Programming for Windows	

**Additional Information**

- English Certificate    Upgrading
- Computer Skills    *Very Good:* MATLAB, Python (data analysis), SQL, C#, ASP.net, MS OFFICE, Internet exploring  
*Good:*        PHOTOSHOP, VISUAL STUDIO, Primavera (P6)  
*Improving:* Python, MATLAB
- Organizational and Social Skills    an Effective Team Player, a Responsible and Committed Colleague, Good at Time Management
- Personal Interests    Reading Avidly, Painting for Pleasure, Traveling for Learning More, a Staunch Supporter of Protecting Environment

*Helping Charities:*

Mahak (a charity for cancer-afflicted children)

Kahrizak Charity Foundation (honorary teacher for exceptional adolescents) (2008 - 2011)

Shervin Roben Zadeh Charity Foundation (a charity for helping people– first professional center of grief therapy in Iran) (2004 - 2007)